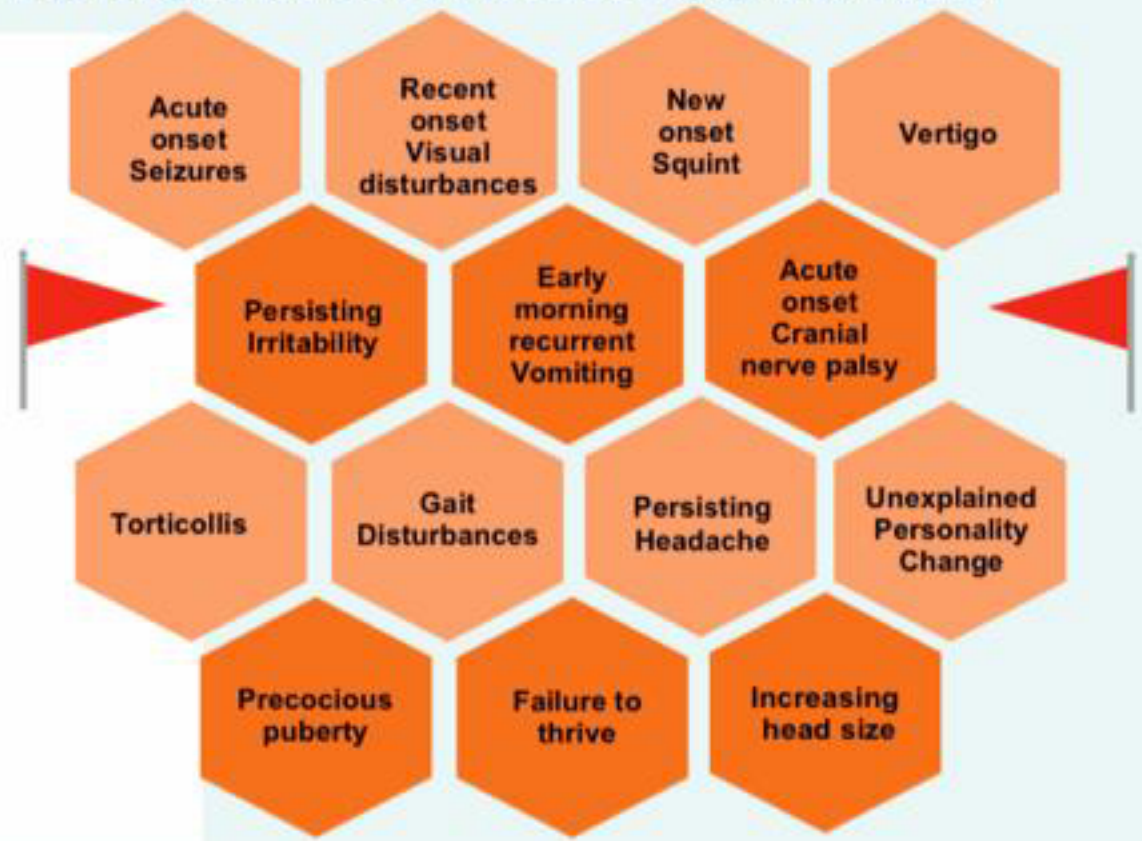


# UNMASKING PEDIATRIC BRAIN TUMORS: AWARENESS IS KEY

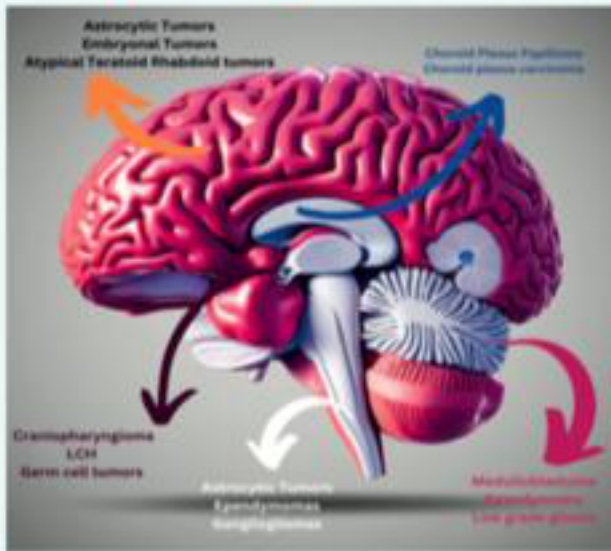
### Fact File

- Brain tumors are the most common type of solid tumor in children
- Second to leukemia as a cause of childhood malignancies
- Estimated incidence in India - 12,900 cases/year
- Leading cause of childhood cancer-related deaths
- Prognosis depends on the age at presentation, histological type, and extent of resection

### Red Flag Signs - Indication to do Neuro Imaging



### Differential diagnosis depending on location



### Differential diagnosis depending on age

Infants & Toddlers	Young children (<10 y)	Older children & teenagers
<ul style="list-style-type: none"> <li>Teratoma</li> <li>Medulloblastoma</li> <li>Embryonal tumors</li> <li>Rhabdoid tumor</li> <li>Low grade glioma</li> <li>Choroid plexus papilloma</li> </ul>	<ul style="list-style-type: none"> <li>Pilocytic astrocytoma</li> <li>Medulloblastoma</li> <li>Ependymoma</li> <li>Germ cell tumors</li> <li>Craniopharyngiomas</li> </ul>	<ul style="list-style-type: none"> <li>Germ cell tumors</li> <li>Embryonal tumors</li> <li>Ependymomas</li> <li>High-grade glioma</li> <li>Pineoblastoma</li> <li>Meningioma</li> </ul>

### Initial investigations: an outline

Investigation	Purpose/Rationale
Ultrasound head	Accessible and useful in infants
CT Brain	Quickest and most readily available modality Can pick up haemorrhage, hydrocephalus and calcifications
MRI of Brain with Spine	Preferable modality of choice prior to definitive surgery or biopsy
Serum electrolytes	Associated diabetes insipidus or SIADH
Serum AFP & $\beta$ -HCG	Diagnostic tumor markers for intracranial Germ cell tumors can possibly avoid biopsy/surgery if elevated

### Genetic syndromes associated with brain tumors

Li-Fraumeni syndrome	Lynch syndrome	Rhabdoid tumor predisposition syndrome	Gorlin syndrome	Von Hippel-Lindau syndrome	Constitutional (biallelic) mismatch repair deficiency syndrome (CMMRD)	DICER1 syndrome	Neurofibromatosis type 1 and type 2	Tuberous sclerosis

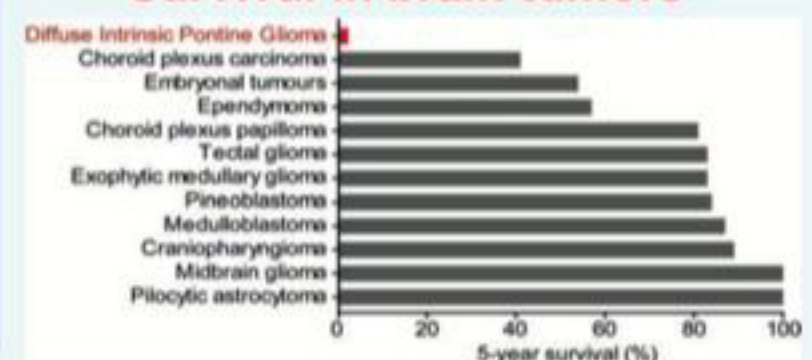
### Common 4 tumors encountered

LOW GRADE GLIOMA	MEDULLOBLASTOMA	EPENDYMOMA	HIGH GRADE GLIOMA
<ul style="list-style-type: none"> <li>Most common brain tumor in children</li> <li>Can be associated with NF-1</li> <li>Biopsy can be avoided in optic pathway glioma</li> </ul>	<ul style="list-style-type: none"> <li>Second most common brain tumor</li> <li>Arises from posterior fossa</li> <li>Gait disturbances and signs of raised ICP</li> </ul>	<ul style="list-style-type: none"> <li>Can arise from either supratentorial, infratentorial or spinal cord</li> <li>Symptoms depends on site of tumor</li> </ul>	<ul style="list-style-type: none"> <li>Can arise from any location</li> <li>Associated with mismatch repair deficiency if presents early in life</li> <li>Prognosis is generally guarded</li> </ul>
<ul style="list-style-type: none"> <li>If resectable, complete resection if sufficient</li> <li>Chemotherapy in younger children</li> <li>Radiotherapy in older children- Avoid if possible in younger children</li> </ul>	<ul style="list-style-type: none"> <li>Surgery followed by adjuvant radiotherapy and chemotherapy</li> <li>In those younger than 3 years, radiation sparing chemotherapy can be considered</li> </ul>	<ul style="list-style-type: none"> <li>Surgery - Near total resection preferred</li> <li>Radiation in certain grades of ependymoma</li> <li>Role of chemotherapy is limited</li> </ul>	<ul style="list-style-type: none"> <li>Surgery - Near total resection preferred</li> <li>Adjuvant therapy with focal radiation and temozolamide</li> <li>Immunotherapy in children with mismatch repair deficiency</li> </ul>

### Treatment principles

Surgery	Biopsy   Hydrocephalus treatment - Shunt / Omayya   Debulking or definitive surgery   Least morbid surgery with maximal safe resection
Radiotherapy	Definitive treatment in >3 years
Chemotherapy	Least toxic regimen   Targeted therapy in low grade glioma   Concurrent chemoradiotherapy in high grade glioma

### Survival in brain tumors



Survival for most brain tumors have improved over the past decade due to early diagnosis, better understanding of disease biology and improvement in treatment protocols